



LESLIE THOMAS JUNIOR HIGH

Home of the Lions

100 Metropolitan Ave, Lower Sackville, NS

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November 25, 2022

[Weather Network – Leslie Thomas Junior High](#)

October Students of the Month

Grade 6: Grayson Benoit / Muhammed Hirfen
Grade 7: Phoebe Wong / Joey Kieley
Grade 8: Madison MacDonald-Fudge / Carter O'Brien

We're Looking for Host Families!

HRCE welcomes students from all over the world who would like to attend schools in our region, and we're looking for warm and caring families to provide them with a home away from home! Host families are matched with a student who will attend their neighbourhood school. The next group of students will arrive in **February 2023** for the remainder of this school year, and another group will join us again in **September 2023**. Click [here](#) for more information.

Lunch Time

During lunch time, students eat in the cafeteria or their homerooms. Each week, a different grade level will have access to the cafeteria. We ask families to provide lunches that do not require heating as they do not have access to microwaves. On Tuesday's families can order from the Lunch Lady and we do over Pizza on Thursdays.

Calendar of Events

November 30 – Report Card Day

December 1 – No Classes.
AM is PD
PM Parent Teacher 1-3pm

December 2 – PD Day (No Classes)

December 6- Evening Parent Teacher 5-7pm

December 13 – Evening Band Concert. Dec 15 (Storm Date)

December 20 – Last Day of Classes

January 3 – School Re-opens

Wrestling

Here is some information about Wrestling as a school sport. Wrestling is a very technical sport with very specific knowledge required by coaches to create a safe environment. We would like to introduce Mike Lidstone, the wrestling coach for Sackville High and the [Sackville Wrestling Club](#).

My name is Mike Lidstone, I am the wrestling coach at Sackville High and I also run the Sackville Wrestling Club which provides training for youth aged 7-18.

As a 36 year member of the RCMP, I have seen the sport of wrestling change many lives. It is phenomenal at boosting self-esteem and deters youth from many negative social activities.

It is common for me to coach wrestlers from as many as 7 schools at SSNS provincials as many students attend our club and high school practices.

Students must receive permission from their administration to attend SHS practices and the SHS administration must agree with admin that they can attend.

This week we will commence school practices on Wednesdays, Thursdays, and most Fridays from 3:30 until 5:30 p.m. Realistically it takes a while to set up the mats and start our team warm up each day so if a student can make it to Sackville High by 4:00 p.m. they can experience a full practice.

Involvement in wrestling will be beneficial as a secondary sport in developing strength, athleticism, footwork and handwork for many sports -especially football and rugby.

I would like to encourage schools to invite their students to attend Sackville High School starting this week, Wednesday November 23 to partake in the sport of wrestling.

Parents, admin, athletic directors, and coaches from other sports can contact me at: sackvillewrestling@hotmail.com.

Thank you- I hope to see many new faces,

Mike Lidstone

Parent – Teacher Meetings

Parent – Teaching meetings are scheduled for Thursday, December 1st from 1 to 3 pm and Tuesday, December 6th from 5 to 7 pm. Leslie Thomas will once again be using an online booking system to book appointment times with teachers. During both days, one hour will be for in-person meetings and the other hour for virtual/phone meetings. Each appointment will be for 5 minutes and ask families to respect this time limit. Families are reminded that teachers can be contacted anytime throughout the year.

We will send home an update on Monday, November 28 with a link, and more detailed information on booking your appointments.

LTJH – Math Extra Help at Lunch

Our 7 & 8 Math teachers believe it is important to provide multiple opportunities a week to support our students with extra Math support. Students requiring or wanting extra help can attend any of the following lunchtime sessions regardless of who is their Math teacher.

Monday – Madame MacIlreith

Tuesday – Mr. Deveau

Wednesday – Madame MacIlreith

Thursday – Mr. Denny

Nova Scotia Homework Hub:

The [Nova Scotia Homework Hub](#) is now open for tutoring.

Grade 7-12 students will have access to tutoring every week, on school nights (Sunday to Thursday), from 5:30pm to 9:30pm.

Grade 4-6 students will have access to tutoring every Monday, Tuesday, and Wednesday from 5:30pm to 6:30pm.

Homework Hub also provides students with video tutorials, practice exercises, vocabulary flash cards, digital math textbooks and an online graphing calculator.

Students and teachers are automatically enrolled in the NS Homework Hub. Tutors are Nova Scotia qualified mathematics teachers, and this is a free service.

Inclement Weather

Here is some information around school/bus cancellations and how delayed openings will look like at LTJH:

School/Bus Cancellations and Delayed Openings

The Halifax Regional Centre for Education takes great care when making the decision to cancel schools and/or buses, or delay the opening of school, in the event of severe or inclement weather. When these situations occur, the information is posted on the HRCE's website at www.hrce.ca, on Twitter, recorded at 902-464-INFO (4636) and communicated to local radio stations. Families can also subscribe to receive notice of cancellations and delayed openings by e-mail or text message by following the link on the front page (left side) of the HRCE website.

If weather conditions warrant, the HRCE could implement a delayed opening. Delayed openings would be considered when a weather event has concluded but snow clearing or other operations require additional time. Delayed opening may also be considered when the physical plant is experiencing an issue such as a power outage or loss of water and additional time is required to prepare the school to open. If this was to occur, school and would be delayed by two hours. For Leslie Thomas Junior High, this means school would start at 11:05. If school buses are operating, the expectation will be that students are picked up two hours later than their regularly assigned time pending any weather-related delays. Our lunch and dismissal times will remain at their regularly scheduled times.

The weather in Nova Scotia is unpredictable so it's always a good idea for families to have a back-up plan for child care when school is cancelled. To learn more about the process on how decisions regarding closures and cancellations are made, visit: [HRCE Inclement Weather](#)

Early dismissal

If the weather deteriorates during the day, the HRCE may decide to dismiss students early. In the event of an early dismissal, the decision will be communicated to all schools as close to 11:00 am as possible. For all students, we will follow the directions from parents as outlined on each student's registration form. Grade 6 students will not be dismissed from school unless parents/guardians or designates have been notified by the school.

Bus students will be picked up 2 hours earlier than regular dismissal time. For LTJH that will be 1:05. All walking students will be dismissed at the first scheduled outdoor lunchtime which is 12:05.

HRCE Parent Navigator

My name is Natasha, and I am the new Parent Navigator assigned to your school replacing Zach Garcia.

As a Parent Navigator this is what we can offer students, parents, and guardians:

- To respond to questions about supports available for students, parents, and guardians
- To help parents/guardians find & access services available in education, justice, health, community services
- To assist with registration for all families, including newcomers to the province or Canada
- To connect families to the Students Services Team, Specialists, or special program team facilitators

Please see the attached Flyer.