

## LTJH Schedule for Grade 7s/8s

| Block | Time           | Mins | Teacher               |
|-------|----------------|------|-----------------------|
|       | 9:05-9:15      | 10   | Teacher Planning      |
| 1     | 9:15 - 10:05   | 50   | Instructional Time    |
| 2     | 10:05 - 10: 50 | 45   | Instructional Time    |
|       | 10:50 - 11:20  | 30   | Teacher Collaboration |
| 3     | 11:20 - 12:05  | 45   | Instructional Time    |
| Lunch | 12:05 - 1:05   | 60   | Lunch                 |
| 4     | 1:05 - 1:55    | 50   | Instructional Time    |
|       | 1:55-2:05      | 10   | Extra Help            |
| 5     | 2:05 - 2:55    | 50   | Instructional Time    |
|       | 2:55-3:05      | 10   | Teacher Planning      |